

An Analysis of the Role of Highly Educated and Career Women in Household Welfare

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Abstract (English)

This study aims to analyze the role of educated and career-oriented women in maintaining household welfare. The main focus of this research is how women with a high level of education and a successful career can fulfill dual roles as homemakers and professionals without neglecting their family responsibilities. This study employs a qualitative approach using descriptive methods to systematically and factually describe the phenomenon. Data were collected from various sources, including academic journals, articles, and relevant books. The findings reveal that women with higher education and successful careers contribute significantly to household welfare, including economic support, children's education, and family relationships. From an Islamic perspective, women can work as long as they do not neglect their duties as wives and mothers. This dual role also supports the achievement of *maqashid al-shari'ah*, which includes preserving religion, life, intellect, lineage, and wealth. However, this study also highlights the challenges faced by women in performing dual roles, such as role conflicts, limited time for family, and social pressures. Therefore, support from partners and the social environment is essential to creating harmony between a woman's household life and career.

Keywords; Educated and career women, Household

Abstrak (Bahasa Indonesia)

Penelitian ini bertujuan untuk menganalisis peran perempuan berpendidikan tinggi dan berkarier dalam menjaga kesejahteraan rumah tangga. Fokus utama penelitian ini adalah bagaimana perempuan dengan pendidikan dan karier yang baik dapat menjalankan peran ganda sebagai ibu rumah tangga sekaligus pekerja profesional tanpa mengabaikan tanggung jawabnya dalam keluarga. Penelitian ini menggunakan pendekatan kualitatif dengan metode deskriptif untuk mendeskripsikan fenomena secara sistematis dan faktual. Data dikumpulkan dari berbagai sumber seperti jurnal ilmiah, artikel, dan buku yang relevan. Hasil penelitian menunjukkan bahwa perempuan dengan pendidikan tinggi dan karier yang baik mampu memberikan kontribusi signifikan terhadap kesejahteraan rumah tangga, baik dari segi ekonomi, pendidikan anak, maupun hubungan keluarga. Dalam perspektif Islam, perempuan diperbolehkan bekerja selama tidak melupakan kewajibannya sebagai istri dan ibu. Peran ganda ini juga mendukung tercapainya *maqashid al-shari'ah*, yakni pemeliharaan agama, jiwa, akal, keturunan, dan harta. Namun, penelitian ini juga menyoroti tantangan yang dihadapi perempuan dalam menjalankan peran ganda, seperti konflik peran, waktu yang terbatas untuk keluarga, dan tekanan sosial. Oleh karena itu, diperlukan dukungan dari pasangan dan lingkungan sosial untuk menciptakan harmoni antara kehidupan rumah tangga dan karier perempuan.

Kata Kunci; Perempuan berpendidikan dan berkarier, Rumah tangga



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PRELIMINARY

The importance of highly educated women. They argue that education must be in addition to the interests and success of a career to raise the dignity of women; it is also very important as a provision for personal and family life. This is in line with the opinion of M. Fakhri (2021), the need to increase women in community development programs and various activities that allow women to be involved, the need to strive to implement education to create welfare and handle problems faced as the nature of women (Y Darusman, 2023).

The term "female nature" is familiar to the public. Women get a certain social stratification, especially in caring for domestic needs in the Household. However, women's participation in professional activities must have a good purpose so that their work does not interfere with the rights of a husband and children because taking care of the Household is the right of a wife (women) (Al-Faqi, 2015). In the millennial era, as it is today, the nature of women is often associated only with being a wife and housewife. The term 3 M (*masak, macak, manak*) with other terms can cook, good at dressing up and giving birth (Fandilla, 2024).

As time passes, social life is increasingly developing along with rapid technological advances. This requires society to develop its resources and expertise to keep up with social changes. Many people, even women, have great opportunities to get an education to expand their knowledge and are free to choose their paths. So, this freedom provides opportunities for women to compete in getting jobs, where education, considered a label for getting a job, has made a new history in modern life. People are considered capable, able, competent, and worthy of being accepted for a job because of their high level of education (Masripah, 2022).

In addition, the era's development has also caused society's economic needs to soar. This is also influenced by the increasingly diverse needs of the Household. In this case, the husband's income as the breadwinner is required to meet the needs of the Household. However, the fact is that now, not a few women also choose to work and even have a good career in the world of work accompanied by having a degree or higher education.

Indonesia is a country with quite dense economic activities with high mobility. Even in big cities, many companies often open job vacancies on a large scale, but with certain requirements and criteria, such as minimum education, height, physical health, and so on, which sometimes many Indonesian people, especially in rural areas or in remote areas, these requirements have not been met because their human resources are still low, and their culture is still common when someone does not prioritize education up to high school or college level. This is what often causes someone to be tempted to look for work, even abroad (Arifin, 2024).

Women carry out this phenomenon on the pretext of helping the family economy meet needs so that women have a dual role, namely as career women with high degrees and as housewives.

Career Women means women with financially independent jobs, working for someone else or having a business. She is identical to smart women and modern women (Jusmaliani, 2008). In Islam, career women are women who play the role of someone who pursues a profession to meet their needs, in addition to their role as wives and homemakers, so they are often called women with dual roles (Sari & Anton, 2020).

In addition, from the perspective of society, highly educated women have a high position in their social life (Setiawati, 2017). It is undeniable that education is the main capital of someone's life. With higher education, someone will find it easier to get access to health, work, and other social life (Utomo, 2013). So what is the role of women in balancing household affairs and work and education to maintain the welfare of the Household?

This study aims to determine the roles of women with higher education and good careers in the world of work towards household welfare. This study is intended so women can choose their rights and not feel burdened with household matters. With education, women as housewives can still have a career while also paying attention to household matters.

This research is a type of literature review research with a qualitative approach, emphasizing observations of events and examining the substance of the event's meaning. This research uses a qualitative method, leading to descriptive methods. According to Sugiyono (Prasanti, 2018), qualitative research methods are used to research objects where researchers act as key instruments. Descriptive methods are used to create systematic, factual, and accurate descriptions or images concerning the facts of the characteristics and the phenomena being studied (Prasanti 2018).

The researcher collected relevant references from various media such as scientific journals, articles, and books by focusing on the topics to be discussed, presenting them according to the author's views, and developing the information obtained comprehensively, following actual and factual events. This research aims to analyze the role of highly educated and career women in welfare in the Household.

In previous research in the journal "Career Women and their Impact on Household Management Obligations" by Noor Efendy in 2023, the study concluded that Working women and their influence on household management responsibilities. The wife's status as a professional woman can positively or negatively impact the household management responsibilities of married working women. In addition, becoming a woman's career has already become common

in an ever-changing era. Islam does not forbid a wife to become a woman's career; there are more benefits for life during a profession. House the stairs. To build a harmonious family, working the same way and being a compact husband are required. Therefore, the community highly recommends more open and accepting change order social with the handler chief open (Effendy, 2023). In research, the only discussion about a woman's career has not been known whether she made a career outside the House or not, and not yet discussed a way Specific Women who have careers and are also educated high outside the House will bring in welfare for Householder.

In research, others wrote "The Dual Role of Career Women (The Dual Role Conflict of Career Women Reviewed in Islamic Perspective) " by Siti Ernawati in 2016. In the research, the writer concludes that factors that encourage women to pursue careers are not only driven by the economy but also by factors such as the person who appears to desire to develop and play a role in society. The rise of women in the world of careers has had a big impact on all aspects of life: good life, personal and family, and good from economic, psychological, social, and developmental aspects, as well as life in the public. However, when women enter the world of work, they have a double role, both at home or in place of work (career). In this case, girls' careers often face a conflict between family and work that is not under control and can hinder success. Women's careers operate at home as mothers and wives and in their roles in the workplace (Ernawati, 2016). The discussion focuses on the dual role of women as housewives and career women and the conflicts faced in these conditions. Therefore, we will discuss the household benefits obtained from these dual roles.

Another study in the journal entitled "The Role of Women Outside the Household in Historical Perspective" by Dina Dwikurniarini concluded that the stigma attached to women as weak and helpless creatures can be overcome if they always get support from men to protect them. However, men, as strong creatures, actually do bad things. For that, women must fight for themselves. As a workforce that is always outside the home, it has been done for a long time, even though gender makes it treated differently from men. However, its position related to biological symbols illustrates the ability and value of women (Dwikurniarini, 2007). The discussion only focuses on the role of women outside the Household; thus, the discussion also includes the role of women in the Household.

Furthermore, in the journal entitled "Public Perception of the Importance of Higher Education for Women" by Suparno et al., it was concluded that public perception of the importance of highly educated women is that there are still people who consider it unimportant. Still, many consider it important because they assume that women are educators of their

children. With higher education, women can have a bright future and help the family economy (Suparno, 2003). Thus, our research will emphasize the importance of education more, especially for women who will become housewives.

A journal entitled "Work-Life Balance in Career Women" by Marina Dwi Mayangsari and Dhea Amalia concluded that career women who have dual roles cannot balance their dual roles because they are focused on their work. So that it affects the state of their Household until conflict arises (Mayangsari, 2018). Thus, this research differs from ours, focusing on the benefits of women's dual roles.

RESULT AND DISCUSSION

The Role of Career Women from an Islamic Perspective

A career Woman is a woman with a job and is financially independent, either working for someone else or having her own business. She is identical to a smart woman and a modern woman. These three labels can be positive and negative depending on how she carries herself religiously and socially (Muhammad, 2019). The motivation of women to enter the world of careers cannot be separated from the aspirations that exist in women. Aspirations relate to ideals, goals, plans, and encouragement to act and work. Poerwandari (1995) stated that formation aspiration is related to two things. First, the desire to develop self (existence) encourages individual interests and aspirations). Second, the desire for fulfillment is not enough to answer what to expect from the environment of social individuals, especially in welfare Houses, the stairs you want to be achieved by Women who have become mothers in the household.

Islamic teachings do advocate for women's work looking for outside living at home, but also not prohibit if condition force, meaning not There are other people you can hope forbear cost life, history show profile Khadijah, Woman beautiful, smart, rich and hanif, successful in works, trades that he does For to fund the needs and interests of Islam and Muslims so that even though on-duty double But No ignore role In particular. Likewise, Asma', the daughter of Abu Bakar, mobilized all his ability to help smoothness, preaching to her husband, Zubair, whose piety is an asset to Ukhrowi, who is not an exchange with objects whatever from world jewelry (Lestari, 2022). In Islamic teachings, women are honored creatures. Therefore, Islam highly protects women's rights, whether it is the right to obtain education or the right to obtain work and have a career. Far before the Emancipation movement and gender fights for women's rights in education and Work, Islamic teachings had to get started.

A Woman should still notice her nature as a Muslimah when doing activities outside the home. First, as a woman's career, a wife must be capable of lending trust to her husband, that he is loyal and able to trust. If necessary, her husband should deliver a woman's career until she places work, and he can explain that his friends are good and trusted. Thus, he is biased in achieving trust and cannot obtain permission from her husband (Devy & Firdaus, 2019). In a House ladder, a wife who becomes a woman career looks for a living family needs and demands that he needs support from those closest to him, especially her husband, for life family still walk harmoniously (Putri & Gutama, 2018).

Become a woman's career, of course. There is no forbidden will, but He No may neglect this job as a wife or mother To look after the housing ladder or his family and educate her children. Women should give enough attention and time to their families even though they work outside the home (Maleha, 2018). To establish a harmonious house staircase. So that is fine. Just a woman who has a good career is educated and is tall. However, with the objective of welfare, House the stairs.

Women's Dual Role in Household Welfare

Household is an integrated relationship between husband and wife, which is achieved by knowing, understanding, and carrying out the rights and obligations of each to achieve family integrity (Afiani, 2023). The husband's obligations become the wife's and children's rights, and the wife's obligations become the husband's rights. An example of a husband's obligation that becomes the wife's right is to provide for his wife and children. In contrast, an example of a wife's obligation that becomes the husband's right is to fully obey her husband as long as it does not violate the sharia and the wife takes care of the Household and children as well as possible. According to Jhonson, the role of the family is as follows: the father functions as a breadwinner, educator, protector, and head of the family; the mother acts as a housekeeper, protector, caregiver, and educator of her children, and the children carry out psychosocial roles according to their level of development. It is mentioned in the Qur'an, Surah An-Nisa' verse 34, which explains the obligations of men and women.

ط ۰ فَالصَّالِحَاتُ قَانِتَاتٌ حَافِظَاتٌ لِّلرِّجَالِ قَوَّامَاتٌ عَلَى النِّسَاءِ بِمَا فَضَّلَ اللَّهُ بَعْضَهُمْ عَلَى بَعْضٍ وَبِمَا أَنْفَقُوا مِنْ أَمْوَالِهِمْ ؕ فَإِنْ أَطَعْنَكُمْ فَلَا تَبْغُوا ۗ وَالَّذِي نَخَافُونَ نُشُوزَهُنَّ فَعِظُوهُنَّ وَاهْجُرُوهُنَّ فِي الْمَضَاجِعِ وَاصْرَبُوهُنَّ لَلْغَيْبِ بِمَا حَفِظَ اللَّهُ

ط ۳۴ إِنَّ اللَّهَ كَانَ عَلِيمًا كَبِيرًا عَلَيْهِنَّ سَبِيلًا

Meaning: "Men (husbands) are protectors of women (wives) because Allah has preferred some of them (men) over others (women), and because they (men) have provided support from their wealth. So pious women are those who are obedient (to Allah) and take care of themselves when (their husbands) are not around because Allah has taken care of (them). For women you are worried about nusyuz, you should advise them, leave them in bed (separate beds), and (if necessary) beat them. However, if they obey you, do not look for reasons to trouble them. Indeed, Allah is Most High, Most Great."

Now, the fact is found in society that women have a dual role. She is a mother who cares for the Household and works to earn a living for her family. They decide to work because they are doing so to maintain the family's economic condition so that household needs are met. Women finally have a double burden and must adjust their duties as workers and homemakers. Sometimes, women who choose to work are viewed badly by society because they neglect their families. Sometimes, women who work are also victims who are blamed when there is a problem in the family.

However, viewed from the perspective of *maqashid al-shari'ah*, the dual role of women will not only harm the welfare of the Household. In carrying out their roles, women have fulfilled the five elements of *maqashid al-shari'ah*, about *mubafadzah ad-din*, and they do not forget their piety for their God. They continue to carry out their obligations to God. *Mubafadzah an-nafs*, by working, train women to be independent and foster a healthy soul for their families because the family's needs are met. *Mubafadzah al-aql*, by working, they can send their children to school. *Mubafadzah al-nasl*, they can take care of their descendants with proper education and fulfill the facilities for their educational facilities. *Mubafadzah al-mal*, by working, they can fulfill their life needs and their family's clothing, food, and shelter.

The Influence of Career Women on Parenting Patterns for Children

Goffman (in Horton, 1987) said that role is the behavior expected from someone with status. The role of the mother can create a certain personality because the role related to work will create a certain personality. In line with Robert Linton's opinion, the role describes social interactions that have been established and follow everyday culture (Dewi, 2015).

Concerning career women, mothers will spend more time outside than inside the home. In educating children, they will miss many moments of their child's development. This is very unfortunate for the child's growth and development. However, this can still be overcome when the mother takes the time to accompany her child's growth and development. For example,

during a break at work, the mother still looks for information about her child's activities by making video calls with people at home. Always ask people at home for information about the child's growth and development. Thus, the mother will not miss the moment of her child's growth. In addition, the mother will also look for game innovations to adjust the child's activities.

When they grow up, children will not have difficulty facing life because by doing so, children will become independent and not depend on their parents for their lives. In addition, it also trains children not to be spoiled by their parents. Other impacts can be seen by fulfilling children's needs because the family economy remains stable or even better. These positive impacts will be seen when the mother balances her duties as a housewife and a career woman.

The Importance of Education for a Housewife

The following image illustrates The Percentage of Male and Female Education in Indonesia in 2023. This chart provides a comparative overview of educational attainment between males and females in Indonesia during 2023, highlighting key trends and disparities in educational access across genders.

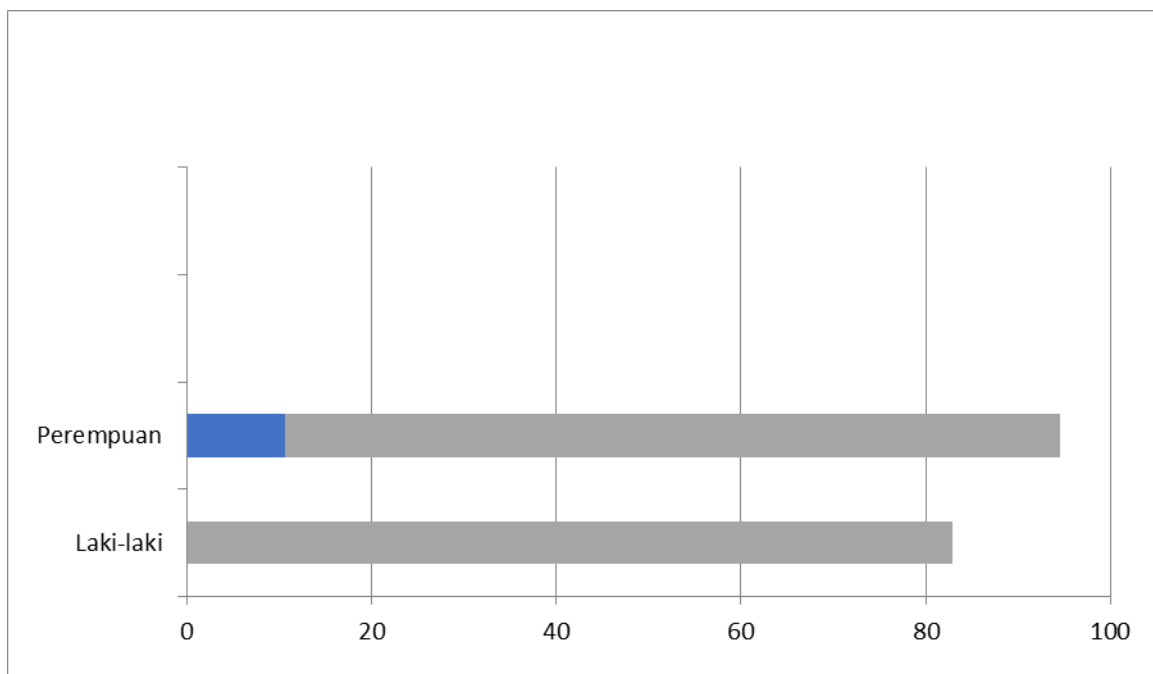


Figure 1. The Percentage of Male and Female Education in Indonesia in 2023

Source: Badan Pusat Statistik, Survey Sosial Ekonomi Nasional (Susenas)

Higher education is crucial for all genders to increase understanding and knowledge (Khasanah et al., 2022). Knowledge This Is important for race men and women because race

Women will later become educators for their sons. With increased chances, women Forget higher education, and Women can print better generations because children are born to smart and qualified mothers, too (Elvariany, 2023).

Women's education emphasizes skills, knowledge, and sufficient power To influence their lives and those of others who become attention. Empowerment refers to the ability, especially a group, to access productive sources that increase their quality of life, participate in the development process, and bring welfare to the people around them (Ainiyah, 2017).

A mother with a house education and a tall ladder will become a smart person in affairs. House the stairs. Can Hear range or manage the finance Houseladder effectively and efficiently? It can determine which needs are the most important priority for his family that must fulfilled. Also, he can determine which needs are unmet and become priorities for his family so that fulfilling needs can be postponed or even ignored (Nuryadin, 2014).

One of the tasks of women in the future is to raise a child. So how do you fulfill your child's duties as an educator if you do not have a chance to accept education best? (Shihab 2018: 390) Many also believe education is important for women because mothers do not understand enough answers as educators. They understand that the mission is good, and they need education. Women can be mothers and educators for their children. Once the Woman becomes children a day will become the mother and teacher of the children. Undoubtedly, all Woman will continue their education, faith, and Islam in children (Mulia, 2016).

In terms of this, there are still obstacles in the form of assumption negative about habitat women. One of the misassumptions that come from text is that text is interpreted in a way that is textual and conservative without looking at the developing sociological culture. The devotion and practice of knowledge carried out by highly educated women are expected to be able to change the negative impression of village communities that consider highly educated women to be free. With women proving that the roles they are engaged in do not violate sharia and instead bring benefits to their families and even the surrounding community, it will break the public perception that highly educated women are not needed in households.

Women's Strategies for Interpreting Their Roles

A career woman must possess excellent time management skills to achieve a balanced and fulfilling life at home and work. Effective time management ensures that family life is well-organized and that time is fairly and equitably distributed between responsibilities. Additionally, a woman with dual roles needs to excel in conflict management. She must manage her emotions,

as women often rely more on emotional responses when handling conflicts. Moreover, she must remain professional and avoid family conflicts affecting her work life. Although challenging, career women must maintain this balance.

Furthermore, self-management is a vital skill for career women. Good self-management positively influences work productivity and enhances the management of family responsibilities. In addition to this, career women must also prioritize educational management within their families. Despite their professional commitments, they should ensure their children receive quality education. By leveraging their formal education, career women can instill self-confidence and a positive outlook in their children.

With effective and appropriate strategies, women can seamlessly juggle their roles as homemakers, professionals, or highly educated individuals. This capability allows them to experience joy and fulfillment, as they do not feel overwhelmed by their responsibilities but instead embrace them with confidence and purpose.

CONCLUSION

Career women with higher education tend to be more independent and confident, playing a significant role in the professional field. Higher education provides opportunities for women to access strategic career positions, break traditional stereotypes about gender roles, and expand their life choices. However, they often face challenges in balancing domestic and professional roles. Family support, an inclusive work environment, and gender equality policies in the workplace can help them achieve this balance. In conclusion, higher education is crucial in strengthening women's positions in the workforce and promoting gender equality. Highly educated and career women play vital roles in the family, particularly in promoting family welfare.

Firstly, they contribute to improving the quality of family life. With broader knowledge and skills, highly educated women can manage essential aspects of family life such as health, children's education, and household economics. They can make informed decisions that support the family's overall well-being. Secondly, career women provide financial independence and economic stability. Their income helps improve the household's economic situation, contributing to the family's welfare by meeting basic needs, supporting children's education, and ensuring a better quality of life. This financial contribution also fosters a sense of security within the family.

Another challenge women face in their careers is balancing their roles as professional workers and mothers/wives. Despite these challenges, educated women manage time and

priorities effectively, maintaining family welfare while pursuing their careers. With the support of their partners, they can keep a balance without sacrificing family responsibilities. Moreover, highly educated women are crucial to their children's education and character-building. They serve as role models for education and self-development, guiding their children in educational values, morality, and personal growth. This positively impacts the family's welfare as children grow up with better knowledge and are inspired by successful parents.

Finally, highly educated career women are typically more involved in family decision-making, especially regarding finances, children's education, and social matters. Their rational and thoughtful decision-making helps maintain the family's welfare. Overall, career and highly educated women significantly contribute to family welfare by improving quality of life, economic stability, children's education and making informed decisions that benefit the entire household.

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